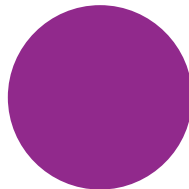
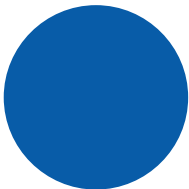
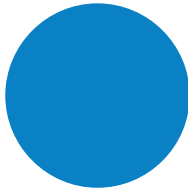
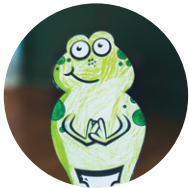
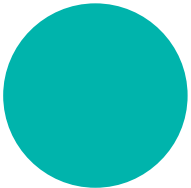
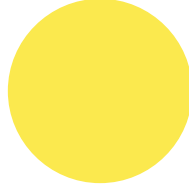
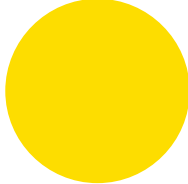


# 2024



**OUR CHILDREN • OUR FUTURE**



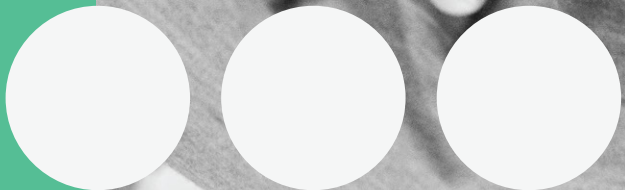
**zoëlife**  
building resilient futures

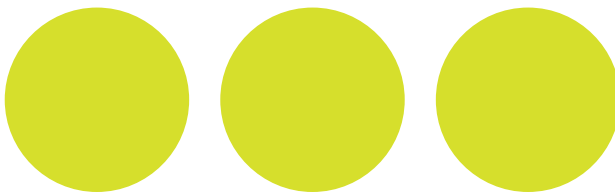
**Based in Durban, South Africa, Zoë-Life is an organisation focused on bringing wholeness to children, youth and families.**

**We believe that by improving their health and strengthening personal growth, they can be equipped to make a meaningful impact in their communities.**

**To achieve this, we create resources and tools to address the gaps in existing systems, which can help to rebuild and fortify support networks.**

**Additionally, we share our knowledge with others to facilitate widespread societal transformation.**





# WHAT IS KIDZALIVE?

KidzAlive is a child-focused intervention aimed at improving the health outcomes of children and adolescents.

## OUR STRATEGY

Training, mentoring, and coaching healthcare workers to deliver integrated child-centred care to children, adolescents, and their primary caregivers, addressing not only HIV/AIDS but also other chronic conditions.

## A COMPREHENSIVE PSYHCO-SOCIAL PACKAGE

Includes age-appropriate language, colourful characters, and play therapy tools and techniques that address:

**Case-finding of Untested Children**  
**HIV Counselling and Testing**  
**Health-Promoting Disclosure (0-24 years)**  
**Child-Friendly Treatment Literacy**  
**Adherence (Individual and Support Groups)**

## WHERE CAN KIDZALIVE BE IMPLEMENTED?

From one-on-one counselling to group sessions, KidzAlive can be implemented in a clinical setting, educational and at a community level.

*KidzAlive is currently being implemented in South Africa, Nigeria and Mozambique.*



# FOUNDATIONS OF WORKING WITH CHILDREN, HTS, DISCLOSURE AND ADHERENCE

Traditionally, HIV testing for children has been primarily centered around adults, involving the caregiver and healthcare worker, while the child is often left as a bystander, potentially experiencing fear and confusion.

To help children go through this process calmly and without fear, it's essential to include them and provide age-appropriate information about their health.



This course equips healthcare workers (clinicians and non clinicians) with skills and knowledge to provide holistic services when working with children and adolescents, and integrate KidzAlive job aids and resources into their work.

## MODULES INCLUDE:

Foundations of Working with Children  
HIV Testing Services  
Model for Disclosure  
Adherence Support

## THROUGH SKILLS GAINED IN THE COURSE, HEALTHCARE WORKERS WILL BE ABLE TO:

- Provide age-appropriate counselling for HTS, disclosure and adherence services
- Provide treatment literacy to children and their caregivers
- Confidently use KidzAlive job aids (*printed and digital*)
- Establish a child-friendly space in their workplace



## RESOURCES INCLUDED:

- KidzAlive Talk Tool (Job Aid) (*printed and KidzAlive Talk Tool App*)
- Colouring-In Template (*for printing*)
- Participant Activity Workbook
- KidzAlive Posters
- Certificate of Completion



Course can be done in-person or virtual for 5 days or via self-paced online learning  
Offered in English and Portuguese

# KIDZADHERENCE SUPPORT GROUPS

KidzAdherence is a care and support programme designed to address both caregivers and their children.

It provides HIV infected children and their caregivers practical guidance on how best to manage their illness.



The KidzAdherence model is designed to support children newly diagnosed with HIV, as well as those who are virally suppressed or unsuppressed while on antiretroviral therapy (ART).



It can be implemented as a support group for both children and their caregivers, either in a clinical or community setting, or during individual counselling sessions.

## MODULES INCLUDE:

Understanding Adherence  
Disclosure and Adherence  
Supporting Adherence  
Facilitation Skills for Groups  
The KidzAdherence Intervention

## THROUGH SKILLS GAINED IN THE COURSE, HEALTHCARE WORKERS WILL BE ABLE TO:

- Implement structured support groups for children and caregivers
- Provide psycho-social, HIV literacy and adherence support
- Provide story-based curriculum that covers:
  - *Health and Wellness*
  - *Treatment and Barriers*
  - *Disclosure Safety*
  - *Enhanced Adherence*
- Teach caregivers about positive parenting strategies



## RESOURCES INCLUDED:

- KidzAdherence Stories (Job Aid) (*printed and/or KidzAlive Talk Tool App*)
- Support Group Facilitation Guide
- Colouring-In Template incl. Caregiver Resources (for printing)
- KidzAlive Posters
- Certificate of Completion

Course can be done in-person or virtual for 3 days or via self-paced online learning  
Offered in English and Portuguese



# KIDZALIVE TALK TOOL

Developed in 2009, the KidzAlive Talk Tool is a job-aid healthcare workers can use when providing age-appropriate HIV testing services, counselling, disclosure and adherence support with children (2-14 years) and their caregivers.



## THIS TOOL CAN BE USED FOR:

- Case-finding
- Preparation of the caregiver
- Child-friendly HIV education
- Pre-test counselling for the child and their caregiver
- Disclosure preparation
- Post test counselling for the caregiver and child for both a positive and negative result
- Adherence support



## OTHER UNIQUE FEATURES



**Emotion and  
Psycho-social  
Assessment Tool**  
*Used multiple times  
during a session.*



**Disclosure Safety Tool**  
*Helps the child and caregiver  
identify people they can trust,  
and reduces the risk of  
accidental disclosure and  
abuse.*



## Opportunistic Infection & TB Screening Tool

Directed by  
the child



DIGITAL INNOVATIONS

Funded by  
**Qualcomm**  
wireless reach

# KIDZALIVE TALK TOOL APP

Adapted from the printed job-aid, the multi-language KidzAlive Talk Tool app transforms paediatric HIV care through purposeful innovation and creative storytelling!



**2024 Winner**  
Best Mobile Innovation  
for Enhancing the  
Lives of Children and  
Young People



\*Included in:  
Foundations of working with children, HTS, Disclosure and Adherence course  
KidzAdherence Support Groups course  
Available in English, isiZulu and Sesotho

## KEY FEATURES

### Adaptable for one-on-one and group counselling

The app can be used for:

- Pre- and post-test counselling, disclosure and adherence support
- KidzAdherence Support Groups
- Group Health Education



### Prepares caregivers for testing and disclosure

Built-in prompts help healthcare workers to facilitate structured discussions:

- Ensures comprehensive understanding
- Prepares caregivers for age-appropriate disclosure

### Engaging animated stories with gamification

Children engage with age-appropriate information, turning health education into an interactive, fun experience.



### Bonus feature - Combined HIV services and enhanced adherence support

By including both the KidzAlive Talk Tool and KidzAdherence Stories job-aids, the app enables healthcare workers to provide enhanced adherence support one-on-one and implement structured support groups.



DIGITAL INNOVATIONS

# KIDZALIVE CAREGIVER CONNECT

Equipping parents, caregivers, guardians, and healthcare workers to better support children and adolescents living with HIV and chronic illnesses through WhatsApp!

KidzAlive Caregiver Connect is a free 24/7 WhatsApp resource that provides up-to-date information and practical tips to anyone caring for children and adolescents on how to:

Manage their children's chronic illness

Confidently talk about topics with age-appropriate wording

Easily teach their children about their health and treatment

Help these children to be part of their own wellness journey



Send **Hi** on WhatsApp to **+27 (0)60 061 0000**

# KIDZALIVE@HOME APP

Empowering children and adolescents living with HIV by strengthening adherence at home.

The KidzAlive@Home App incorporates interactive elements to engage, educate, and encourage positive medication adherence and wellness behaviours in children and adolescents.

The app caters for children who are newly diagnosed with HIV and initiated on treatment, already on treatment, and adherent or non-adherent.

## KEY FEATURES

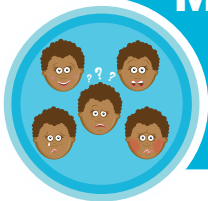


### Age-Appropriate Reminders

The app provides gentle, age-appropriate reminders for children to take their medicine, ensuring they never miss a dose.

### Mood & Physical Health Tracking

Children have the power to express their emotions by selecting their mood and indicating their physical condition as either feeling unwell or healthy.



### Caregiver Support

Caregivers can set clinic appointment reminders and access daily summary reports of the child's medication and mood, helping them to provide support at home.



# KIDZALIVE TEMPLATES

Colouring-in templates are a fun and essential component of one-on-one counselling sessions and KidzAdherence Support Group activities.



Both the KidzAlive Child-friendly Colouring-in Template and the KidzAdherence Colouring-in Template provide reusable activity-based designs, perfect for printing to reinforce key messages supporting adherence, disclosure, and encouraging health-related activities.



\*Included in:  
Foundations of working with children, HTS, Disclosure and Adherence course  
KidzAdherence Support Groups course  
*Available in English and Portuguese*

# “I AM STRONG” COLOURING-IN BOOK

The take home KidzAdherence ‘I am Strong’ colouring-in book includes health education and messaging, along with activity templates for each session in a KidzAdherence Support Group.



# KIDZALIVE POSTERS

KidzAlive posters will elevate any environment where children's services are provided, whether it's a permanent fixture or a temporary, portable arrangement within clinical facilities or household settings.



## POSTERS INCLUDED:

- Feeling Faces
- Hand of Safety
- Safe Spaces
- Healthy Living
- How to Stay Safe
- Everyday Food
- Sometimes Food

\*Included in:  
Foundations of working with children, HTS, Disclosure and Adherence course  
KidzAdherence Support Groups course  
*Available in English and Portuguese*

## CONTACT US



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[www.kidzalive.co.za](http://www.kidzalive.co.za)



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## CONNECT WITH US



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KidzAlive



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